# Nutrition & Dietetics Resources

## Useful Websites & Resources

<table>
<thead>
<tr>
<th>Website/Resource</th>
<th>Description</th>
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<tbody>
<tr>
<td>British Association for Parenteral and Enteral Nutrition</td>
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<tr>
<td>British Dietetic Association (BDA)</td>
<td>produces food fact sheets for use by patients</td>
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<tr>
<td>British Heart Foundation</td>
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<tr>
<td>British Nutrition Foundation</td>
<td>authoritative, evidence-based information on food and nutrition</td>
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<tr>
<td>Coeliac UK</td>
<td>provides evidence-based clinical summaries as well as direct access to e-books and e-journals. Requires an OpenAthens account</td>
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<tr>
<td>ClinicalKey*</td>
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<td>Diabetes UK</td>
<td></td>
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<td>Dietetic Department Intranet Site (NCUH)</td>
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<tr>
<td>NICE: Diet, Nutrition and Obesity</td>
<td>national guidance</td>
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<tr>
<td>Nutrition and Diet Resources UK</td>
<td>produces diet and nutrition sheets</td>
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<tr>
<td>Nutrition Society</td>
<td>the largest learned society for nutrition in Europe</td>
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<tr>
<td>Parenteral and Enteral Nutrition Group (PENG)</td>
<td>specialist BAPEN group supporting dietitians</td>
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<tr>
<td>UpToDate*</td>
<td>provides evidence-based clinical summaries. It is accessible directly from Trust computers, by mobile app and via OpenAthens</td>
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*LKS Nutrition & Dietetics Resources web version 1 (12/04/2016)"
Journals

Access our electronic journals at [www.library.nhs.uk/booksandjournals/journals/](http://www.library.nhs.uk/booksandjournals/journals/).

You will need an OpenAthens username and password. To register for an OpenAthens account, go to [https://openathens.nice.org.uk/](https://openathens.nice.org.uk/).

Our pharmacy journal collection includes:

**British Journal of Nutrition** – for the full text of previous 365 days please contact the library

**Clinical Nutrition**

**Nutrition & Dietetics**

**Nutrition Research Reviews** – for the full text of previous 365 days please contact the library

**Nutrition Reviews** – for the full text of previous 365 days please contact the library

**Proceedings of the Nutrition Society** – for the full text of previous 365 days please contact the library

**Public Health Nutrition** – for the full text of previous 365 days please contact the library

*An OpenAthens username and password are required to access all of the above journals.*
Use a Journal Index to efficiently locate articles on a specific subject

**BNI (British Nursing Index)** – mainly indexes British Journal of Nutrition, Diabetic Medicine, European Journal of Clinical Nutrition and Journal of Parenteral & Enteral Nutrition

**CINAHL**– indexes a huge range of dietetic and nutrition journals

**Medline** – useful for diabetes, eating disorders and obesity-related articles plus Advances in Nutrition, Clinical Nutrition, Food & Nutrition Bulletin and Nutrition in Clinical Care

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Books

To search for print and e-books go to our [online library catalogue](#). You can search by author, title, keyword and subject.

E-books

Increasingly you will come across e-books in the library catalogue, e.g. “[Oxford Handbook of Nutrition and Dietetics 2nd edition](#)”.

To access e-books you will need your [OpenAthens](#) username and password. Most e-books have a straightforward link to follow whilst some e-book suppliers require you to electronically “check out” books. If you experience any problems please contact the library on [01946 523826](tel:01946523826) (WCH issue desk) or [01228 814879](tel:01228814879) (CIC issue desk) and a member of staff will talk you through it.
Stay Informed!

**BMJ Evidence Updates** on the subjects of your choice, delivered straight to your Inbox. Register free.

**ETOCs** (Electronic Table of Contents). We can email you the contents pages of the current issue of any journal of your choice so you can quickly scan and identify articles of interest and ensure you keep up-to-date within your area of expertise.

**Horizon Scanning: Diabetes 2 bulletin** - Bringing together best practice, innovation and future risks to support the commissioning process and service redesign.

**KnowledgeShare** – our new current awareness service coming soon. Register your interest with the library and be one of the first to sign up to this exciting new service!

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Quick Links

Library Website: [www.library.ncumbria.nhs.uk](http://www.library.ncumbria.nhs.uk)
Tel: 01228 814879 (CIC)
Tel: 01946 523826 (WCH)
Email: Library@ncuh.nhs.uk (CIC)
Email: WCH-Library@ncuh.nhs.uk (WCH)
Register for OpenAthens: [https://openathens.nice.org.uk/](https://openathens.nice.org.uk/)