Nursing and Midwifery Revalidation

What is Revalidation?

Revalidation is a process that all nurses and midwives will need to engage with to demonstrate that they practise safely and effectively throughout their career. It is easy, straightforward and will help nurses and midwives develop as professionals.

All nurses and midwives are currently required to renew their registration every three years. Revalidation will strengthen the renewal process by introducing new requirements that focus on:

- up-to-date practice and professional development
- reflection on the professional standards of practice and behaviour as set out in the NMC Code and
- engagement in professional discussions with other registered nurses or midwives.

Revalidation is a continuous process that nurses and midwives will engage with throughout their career. It is not a point in time activity or assessment.

Revalidation is about promoting good practice across the whole population of nurses and midwives. It’s not an assessment of a nurse or midwife’s fitness to practise and it’s not intended to address bad practice amongst a small number of nurses and midwives.

How the Library can help you

The components of revalidation are to:

- Practise a minimum of 450 hours over the three years prior to the renewal of registration
- Undertake 35 hours of continuing professional development (CPD)
- Obtain five pieces of practice-related feedback
- Record a minimum of five written reflections on the Code, CPD and practice related feedback
- Provide a health and character declaration
- Declare appropriate cover under an indemnity arrangement
- Gain confirmation, from a third party, that revalidation requirements have been met
- Professional indemnity arrangements

The Library & Knowledge Service can help you find the necessary evidence of best practice, so you in turn can demonstrate your fitness to practice.

For further information email library@cumbria.nhs.uk or visit our website at www.library.ncumbria.nhs.uk

Updated 17/08/2016
To help you find the evidence, we offer the following services & training:

- We provide dedicated print and electronic evidence resources to help you keep up-to-date.
- We can provide training in information search skills so you can develop the skills to find the evidence for yourself.
- We can do information searches for you on your chosen subjects.
- We can obtain for you journal articles & publications which you might need to read to stay abreast of developments in your field of expertise. For example, see useful Nursing Times article on how to use reflective writing for revalidation.
- We can email you the contents pages of the current issue of any journal as it is published, even journals we don’t subscribe to!
- Many of these resources require an NHS Athens password.

Useful Links:

NMC Revalidation Guidance and Resources
www.nmc.org.uk/standards/revalidation/revalidation-guidance-and-resources/

NMC Revalidation
www.nmc.org.uk/standards/revalidation/

Monthly Revalidation ‘Round Up’

NMC Twitter Feed, has regular Twitter chats about revalidation
https://twitter.com/nmcnews

Revalidation guidance for employers
www.nmc.org.uk/standards/revalidation/revalidation-for-employers/

Online tool to identify who can be your confirmer
www.nmc.org.uk/standards/revalidation/confirm-nurse-midwife/

The Code for nurses and midwives
www.nmc.org.uk/standards/code/

Library and Knowledge Services
www.library.ncumbria.nhs.uk/index.aspx or, if you work in the south of the county
www.library.uhmb.nhs.uk/

Cumbria Learning and Improvement Collaborative
www.theclic.org.uk/