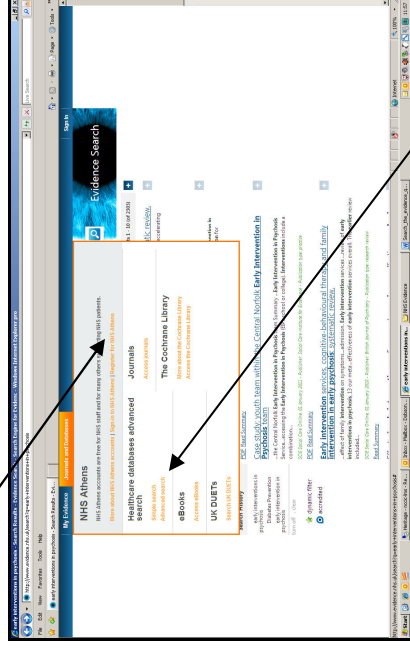


Register for an NHS Athens password here.



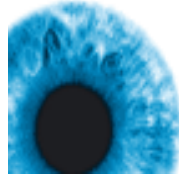
A more detailed search can be undertaken in Healthcare databases **advanced search**.

Contact your local Healthcare Library for details of Information Skills Training and how to get the best out of Health Information Resources.

<u>Education Centre Library</u>	<u>Education Centre Library</u>
<u>West Cumberland Hospital</u>	<u>Cumberland Infirmary</u>
North Cumbria Acute Hospitals NHS Trust	North Cumbria Acute Hospitals NHS Trust
Whitehaven CA28 8JG	Carlisle CA2 7HY
Tel: 01946 523826	Tel: 01228 814879
Fax: 01946 523554	Fax: 01228 814843
Email: wch.library@ncumbria.nhs.uk	Email: library@ncumbria.nhs.uk

If you work in the **Morecambe Bay** area contact Library and Knowledge Services on Barrow 01229 491297, Kendal 01539 716620 or Lancaster 01524 516021 **Intranet site:** <http://uhmb/cd/libknoman/lib/Pages/default.aspx>

updated 9/4/2013



Joined up services – Joined up knowledge

[www.library.ncumbria.nhs.uk](http://www.library.ncumbria.nhs.uk)

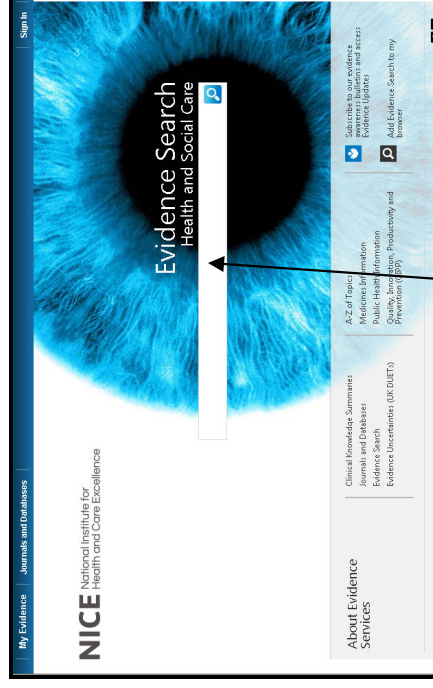
# Searching NHS Evidence Guide

[www.evidence.nhs.uk](http://www.evidence.nhs.uk)



North Cumbria Informatics

NHS Evidence provides easy access to information for everyone involved in health and social care. It can be a very good place to start your search for the best available evidence.



## Searching

### 1. Think about your question

What are the important words that will need to be in your search? Type them in the **Search** box, for example

Acupuncture in shoulder pain  
 Ambulatory oxygen in COPD  
 Early intervention in psychosis



Click on the search button

### 2. View your results



### 3. Accessing the full text

NHS Evidence aims to enable you to find what you are looking for on the first results page. It ranks your search results according to relevance, or you can choose to sort by date. You can usually go to full text of an individual result by clicking on the title. Where a summary exists you can go to **read summary** to help you decide how useful the full text is.

### 4. Refining your search

If you have too many relevant results to review, you can refine your search using the navigators or filters on the left hand side of your screen. Simply click on the most appropriate one. Depending on your results: you may be able to limit by **Areas of interest**, **Type of information**, **Clinical queries**, **Sources**, **Medicines and devices** or **Published date**.



### 5. Saving your results

Highlight + sign at the right of the result and click Save Result. You will need a NICE account or a google account to save your results. Once you have clicked save you can create an account if you don't already have one.

### 6. Not finding what you want?

If you can't find what you want you may need to do a more specialist search. Select **Journals and Databases** at the top of the screen. You will need an NHS Athens password to access these resources and you can register for an NHS Athens password on this page.